



# Central 104 Breakfast Menu

September 2018

<p><b>3</b></p> <p><b>Labor Day No School</b></p>	<p><b>4</b></p> <p><b>Blueberry Muffin</b> <i>Chicken Patty Breakfast Sandwich</i> Assorted Cereal Pick Two Option</p> <p>Fresh Orange Wedges Mixed Fruit</p>	<p><b>5</b></p> <p><b>Cinnamon Twist</b> <i>Egg Omelet w/ Tater Tots &amp; Toast</i> Assorted Cereal Pick Two Option</p> <p>Fresh Grapes Applesauce</p>	<p><b>6</b></p> <p><b>Maple Glaze Donut</b> <i>Sausage &amp; Cheese Muffin</i> Assorted Cereal Pick Two Option</p> <p>Fresh Banana Diced Pears</p>	<p><b>7</b></p> <p><b>Cherry Frudel</b> <i>Egg &amp; Cheese Bosco</i> Assorted Cereal Pick Two Option</p> <p>Raisins Diced Peaches</p>
<p><b>10</b></p> <p><b>Waffles w/ Syrup</b> <i>Sausage, Egg &amp; Cheese Bagel</i> Assorted Cereal Pick Two Option</p> <p>Fresh Apple Diced Pears</p>	<p><b>11</b></p> <p><b>Orange Glaze Cinnamon Roll</b> <i>Biscuit &amp; Gravy</i> Assorted Cereal Pick Two Option</p> <p>Fresh Orange Wedges Mixed Fruit</p>	<p><b>12</b></p> <p><b>Apple Bosco</b> <i>Breakfast Pizza</i> Assorted Cereal Pick Two Option</p> <p>Fresh Grapes Applesauce</p>	<p><b>13</b></p> <p><b>Pancakes w/ Syrup</b> <i>Sausage &amp; Cheese Breakfast Burger</i> Assorted Cereal Pick Two Option</p> <p>Fresh Banana Diced Pears</p>	<p><b>14</b></p> <p><b>Chocolate Chip Muffin</b> <i>Sausage Pancake Stick</i> Assorted Cereal Pick Two Option</p> <p>Raisins Diced Peaches</p>
<p><b>17</b></p> <p><b>Apple Frudel</b> <i>Egg &amp; Cheese Biscuit</i> Assorted Cereal Pick Two Option</p> <p>Fresh Apple Diced Pears</p>	<p><b>18</b></p> <p><b>Guavalito</b> <i>Egg &amp; Cheese Bagel</i> Assorted Cereal Pick Two Option</p> <p>Fresh Orange Wedges Mixed Fruit</p>	<p><b>19</b></p> <p><b>Apple Cinnamon Muffin</b> <i>Egg Omelet w/ Tater Tots &amp; Toast</i> Assorted Cereal Pick Two Option</p> <p>Fresh Grapes Applesauce</p>	<p><b>20</b></p> <p><b>Waffles w/ Syrup</b> <i>Cheesy Ham &amp; Egg Pancake Panini</i> Assorted Cereal Pick Two Option</p> <p>Fresh Banana Diced Pears</p>	<p><b>21</b></p> <p><b>Powder Sugar Donut Holes</b> <i>Breakfast Pizza</i> Assorted Cereal Pick Two Option</p> <p>Raisins Diced Peaches</p>
<p><b>24</b></p> <p><b>Cinnamon Raisin Bagel</b> <i>Cheesy Egg Breakfast Burger</i> Assorted Cereal Pick Two Option</p> <p>Fresh Apple Diced Pears</p>	<p><b>25</b></p> <p><b>Grape Filled Crescent</b> <i>Sausage &amp; Cheese English Muffin</i> Assorted Cereal Pick Two Option</p> <p>Fresh Orange Wedges Mixed Fruit</p>	<p><b>26</b></p> <p><b>Apple Bosco Stick</b> <i>Scrambled Eggs w/ Tater Tots &amp; Toast</i> Assorted Cereal Pick Two Option</p> <p>Fresh Grapes Applesauce</p>	<p><b>27</b></p> <p><b>Banana Muffin</b> <i>Bacon, Egg, &amp; Cheese Flatbread</i> Assorted Cereal Pick Two Option</p> <p>Fresh Banana Diced Pears</p>	<p><b>28</b></p> <p><b>Oatmeal Raisin Benefit Bar</b> <i>Egg &amp; Sausage Breakfast Burger w/ BBQ Salsa</i> Assorted Cereal Pick Two Option</p> <p>Raisins Diced Peaches</p>
<p><b>Blank menu item</b></p>	<p><b>Blank menu item</b></p>	<p><b>Blank menu item</b></p>	<p><b>Blank menu item</b></p>	<p><b>Blank menu item</b></p>

**Pick Two Options:** Pick Two Items and add a fruit to make a meal.

- Cinnamon or Strawberry Poptart
- Strawberry Banana Yogurt
- String Cheese
- Bug Bites

**Daily Offerings**

- 100% Fruit Juice
- Fresh Fruit
- Fat Free White & Chocolate Milk

**All Cereal is served w/ grain choice**