



Central Elementary Lunch Menu

September 2018

<p>3</p> <p>Labor Day No School</p>	<p>4</p> <p>Chicken Parmesan <i>Grilled Cheese</i> Turkey & Cheese Sandwich</p> <p>Green Beans Diced Pears</p>	<p>5</p> <p>Chili Cheese Baked Potato <i>Chicken Nuggets w/Roll</i> Buffalo Chicken Salad</p> <p>Glazed Carrots Diced Peaches</p>	<p>6</p> <p>Red Beans & Rice <i>Chicken Patty Sandwich</i> Ham & Cheese Sandwich</p> <p>Side Salad Baked Beans Applesauce</p>	<p>7</p> <p>Egg Roll w/ Fried Rice <i>Cheese Pizza</i> Fruit & Cheese Plate</p> <p>Steamed Spinach Mandarin Oranges</p>
<p>10</p> <p>Fish Nuggets <i>Spicy Chicken Sandwich</i> Diced Chicken Chef Salad</p> <p>French Fries Mixed Fruit</p>	<p>11</p> <p>Country Popcorn Chicken Bowl <i>BBQ Rib Sandwich</i> Turkey & Cheese Sandwich</p> <p>Roasted Cauliflower Diced Pears</p>	<p>12</p> <p>Jumbo Cheese Ravioli <i>Chicken Tenders</i> Ham & Turkey Chef Salad</p> <p>Mashed Sweet Potatoes Diced Peaches</p>	<p>13</p> <p>BBQ Chicken Cheese Melt <i>Corn Dog</i> Ham & Cheese Sandwich</p> <p>Campfire Pinto Beans Applesauce</p>	<p>14</p> <p>Cajun Chili Cheese Fries <i>Pepperoni Pizza</i> Popcorn Chicken Salad</p> <p>Steamed Broccoli Apricots</p>
<p>17</p> <p>Southwest Meatloaf <i>Chicken Patty Sandwich</i> Egg Chef Salad</p> <p>Golden Corn Mixed Fruit</p>	<p>18</p> <p>Chicken Noodle Soup <i>Cheeseburger</i> Turkey & Cheese Sandwich</p> <p>Mixed Vegetables Diced Pears</p>	<p>19</p> <p>Orange Chicken w/ Broccoli <i>Grilled Cheese Sandwich</i> Buffalo Chicken Salad</p> <p>Sweet Potato Tater Tots Diced Peaches</p>	<p>20</p> <p>Chicken & Bean Soft Taco <i>Hot Dog w/ Bun</i> Ham & Cheese Sandwich</p> <p>Black Chipotle Beans Applesauce</p>	<p>21</p> <p>Nacho Cheese Walking Taco <i>Cheese Pizza</i> Fruit Plate</p> <p>Steamed Broccoli Mandarin Oranges</p>
<p>24</p> <p>Breaded Drumstick <i>BBQ Pork Rib Sandwich</i> Diced Chicken Salad</p> <p>Mashed Potatoes Mixed Fruit</p>	<p>25</p> <p>Beef Tacos <i>Chicken Tenders w/ Breadstick</i> Turkey & Cheese Sandwich</p> <p>Green Beans Diced Pears</p>	<p>26</p> <p>Country Chicken Bowl <i>Corn Dog</i> Turkey & Ham Chef Salad</p> <p>Diced Peaches Diced Peaches</p>	<p>27</p> <p>General Tso Beef w/ Vegetables <i>Grilled Ham & Cheese Sandwich</i> Ham & Cheese Sandwich</p> <p>Baked Beans Applesauce</p>	<p>28</p> <p>Chicken Alfredo <i>Pepperoni Pizza</i> Popcorn Chicken Salad</p> <p>Side Salad Mixed Fruit Cup</p>
<p> </p>	<p> </p>	<p> </p>	<p> </p>	<p> </p>

FUN FACTS:

Student Lunch Price: \$2.30

Daily Offerings
Peanut Butter and Jelly
100% Fruit Juice
Fresh Fruit & Vegetables
Fat Free White & Chocolate Milk

All Salads are served
w/ a grain option

